



NORTHERN
CALIFORNIA
SOCIETY FOR
PSYCHOANALYTIC
PSYCHOLOGY

SPRING 2025
PROGRAMS
Courses & Events

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For full course information and course objectives, please visit our website:

www.ncspp.org

KINSHIP OBJECT: A Creation Engendered from the Bewilderment of a Pillaged World

Course

Instructor: Lisa Koshkarian, Ph.D.
 Dates: Fridays, January 17, 31; February 14, 28; March 14, 2025
 Time: 3:00 – 4:30 pm
 Location: Virtual Event
 CE: 7.5 CE Credits
 Tuition: \$337.50 General Public | \$262.50 NCSPP Full Members
 \$240 NCSPP CMH Members | \$225 NCSPP Associate Members
 \$112.50 NCSPP Student Members | \$112.50 Scholarship Rate *(approval required)*

Humankind is reaching a breaking point whereby the prevailing forces of relating are wholly characterized by greed, hate, and domination. This worldview objectifies and reduces other humans perceived as different, and animals, birds, insects, trees, and plants as lesser and expendable. What if the universal attitude was one of kinship with all dynamic beings? A stance that values all forms of living matter as one of us; where relationships are characterized by reverence, reciprocity, and a sense of abundance. Possession of love, hate, and concern (Winnicott, Suttie, Fairbairn; selfhood and otherness (Laplanche, Goldin); and the thinking and kinship apparatuses (Bion) in equilibrium may engender abundant internal and external space for all of earth's creatures.

This course will offer contemplative space for being with and clinically organizing around the kinship object elements. Psychoanalytic and sociocultural synthesis may be incorporated into our clinical work as activism to help our clients (and us) experience greater wholeness and connection with the sentient world. Please come prepared for a deep, broad, and intimate discussion.

THE UNCONSCIOUS GOES TO SCHOOL: A Class about Teaching

Course

Instructor: Rachel Newcombe, LCSW and psychoanalyst
Date: Fridays, January 24; February 7, 2025
Time: 2:00 – 4:00 pm
Location: Virtual Event
CE: 0 CE Credits
Tuition: \$140 General Public | \$100 NCSPP Full Members
\$88 NCSPP CMH Members | \$80 NCSPP Associate Members
\$60 NCSPP Student Members | \$60 Scholarship Rate (*approval required*)

Education is never a neutral endeavor. The classroom is an environment where teachers and students bring hopes, fears, and unconscious fantasies about what it means to learn. Teaching requires a love of one's subject matter and a willingness to understand the disruptive nature of learning, for teacher and student. The multilayered dimension of teaching requires attentiveness to the teacher/student dyad and unconscious process as it unfolds in a classroom.

This course will include classroom experience where we read and explore what it means to provoke learning. Topics to be explored:

- Why teach?
- What constitutes a "mistake" in teaching?
- How do you engage a resistant learner?
- How do you encounter and work with negative and positive transferences in the classroom?
- Difference as an ethical encounter
- How can you engage unconscious process to enhance learning?
- How can teachers listen to what is not being said?

LAUNCHING YOUR PRIVATE PRACTICE: Developmental and Frame Considerations

Course

Instructor: Clara Brandt, Psy.D.
Date: Tuesdays, March 4 – 18, 2025
Time: 7:00 – 8:30 pm
Location: 4026 Piedmont Avenue, Oakland, CA 94611
CE: 0 CE Credits
Tuition: \$157.50 General Public | \$112.50 NCSPP Full Members
\$99 NCSPP CMH Members | \$90 NCSPP Associate Members
\$67.50 NCSPP Student Members | \$67.50 Scholarship Rate (*approval required*)

Transitioning into private practice involves many subtle shifts in orientation to clinical work. Many decisions must be made – decisions that hinge on personal needs, preferences, and interests not-yet familiar. The frame becomes newly personal. This is a time of considerable change, self-discovery, and development.

Simultaneously, this is often a solitary period in one's career. Many important questions are left to one's own best judgment without familiar spaces in which to receive support.

This three-week workshop is designed to support clinicians who are in the planning or beginning stages of starting their independent practices. With a focus on practical and clinical decision-making, particularly frame-related questions, we will work on developing the mindset of an independent practitioner. We will address questions about setting fees and policies, initial consultations and screening patients, and ongoing professional development.

READING GROUP: HATING HOMELESSNESS How to Survive when Clients and Communities Resist Change

Workshop

Instructor: Brian Ngo-Smith, LCSW
Date: Saturday, March 29, 2025
Time: 12:00 – 2:00 pm
Location: Virtual Event
CE: 0 CE Credits
Tuition: \$70 General Public | \$50 NCSPP Full Members
\$44 NCSPP CMH Members | \$40 NCSPP Associate Members
\$30 NCSPP Student Members | \$30 Scholarship Rate (*approval required*)

In an era of managed care, how can psychoanalytic principles be woven into a community mental health system? By exploring hateful countertransference reactions – both his own and those of members of the community in which he practiced – Brian Ngo-Smith will examine professional tensions that arose in his work with an unhoused client. What do such reactions tell us about the complexities of working psychoanalytically in public practice settings? Through this lens we can begin to understand what a homeless client may represent to their city, as well as to their therapist. This lecture and discussion will consider how psychoanalytic thinking can challenge current "best practices" in community mental health by focusing on long-term stability, while also expanding these ideas into macro practice with larger systems that resist change.

COMMUNITY MENTAL HEALTH SPRING HIKE

Social

Date: Saturday, June 7, 2025
Time: 10:00 – 12:00 pm
Location: Bothin Marsh, 13 Pohono Street
Mill Valley, CA 94941
Fee: Free

Calling all Community Mental Health clinicians and staff! Looking for a space to connect with others who work in community settings while enjoying the outdoors? Join us for the Spring CMH hike, where you can enjoy the natural beauty of the Bay Area while meeting others.

Clara Brandt, Psy.D., is a psychologist in private practice in Oakland, where she works with adult individuals and couples. She teaches and supervises at Access Institute and is the former chair of the Education Committee at NCSPP.

Lisa Koshkarian, Ph.D., is a psychoanalytic psychologist with graduate school foundations from the University of Chicago's School of Social Service Administration. She/they specialize in working with socio-culturally-economically diverse adolescents and adults in private practice, community mental health, and college counseling center settings.

Rachel Newcombe, LCSW, is a psychoanalyst and supervisor on Orcas Island, WA. She co-leads a writing collective of fellow therapists who share an interest in exploring ways creative non-fiction can be an aspect of professional writing. Her writing has appeared in *Contemporary Psychoanalysis*, *The Psychoanalytic Review*, *fort da*, *Rumpus*, *7X7LA*, and elsewhere.

Brian Ngo-Smith, LCSW, BCD-P, FABP, is a psychoanalyst and clinical social worker, who has worked in CMH settings for over 20 years. Brian is a past president of the Colorado Society for Clinical Social Work and the immediate past president of the American Association for Psychoanalysis in Clinical Social Work. He has delivered lectures on his published works and serves on faculty at psychoanalytic institutions.

Community Mental Health Committee

Katherine Eng, Ph.D., Chair

Geetali Chitre, Psy.D.

Hoa My Nguyen, LCSW

Education Committee

Ronna Milo Haglili, Psy.D., Chair

Elana Guy, Psy.D.

Jasmine Khor, MFT

Natasha Oxenburgh, M.A.

GENERAL INFORMATION

NCSPP

For full course information, course objectives, late registration, and refund policies for each of the courses/events listed within, please visit our website at www.ncspp.org.

Tuition & Registration Deadlines: All tuitions listed in this brochure are for early registration (\$40 discount, \$15 discount for NCSPP Student Members). Early registration ends two weeks prior to the event or start of a multi-week course; after this date the full tuition will be applied to all registrations. For details, please see individual course/event listings on our website.

Questions: For questions related to enrollment, locations, CE credit, special needs, course availability, and other administrative issues, contact Niki Clay at info@ncspp.org or 415|496-9949.

Membership: To join NCSPP, please visit the NCSPP website at www.ncspp.org.

Target Audience & Instructional Level: These courses are open to all licensed mental health professionals, residents, interns, and graduate students in training, as well as members of the lay public who have an interest in psychoanalytic psychology. For specific instructional level, please see individual course/event listing on our website at www.ncspp.org.

Class Size & Eligibility for Enrollment: For specific class size, please see individual course/event listings on our website at www.ncspp.org. Class minimums will be 6 to 8 participants. Courses that do not fill will be cancelled and payment will be refunded. In filling courses, priority will be given to NCSPP members.

Locations & Readers: For classes where location is listed as TBA (to be announced), information on location will be updated online at www.ncspp.org. Enrollment confirmation with course location and reader information will be emailed to enrolled participants. **Tuition does not include the cost of readers.**

Cancellation: Enrollees who cancel at least SEVEN DAYS prior to the event or start of a multi-week course will receive a refund minus an administrative charge. No refunds will be allowed after this time. For details, please see individual course/event listings on our website.

Returned Checks: A \$25 bank charge and an additional \$15 administrative charge will be issued on all returned checks.

Continuing Education Credits: Please see individual course/event listings for number of CE credits awarded, if applicable. Courses offering CE credit meet the requirements for CE credit for LCSWs, MFTs, and Psychologists. Upon completion of a course evaluation form, a CE certificate will be issued. This serves as documentation of attendance for all participants.

LCSWs/MFTs: Courses meet the requirements for CE credit, as required by the CA Board of Behavioral Sciences, through CAMFT (Provider #57020).

Psychologists: Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for these programs and their content.

Scholarship Information: We have established the NCSPP Scholarship Fund to broaden community access to our events by subsidizing the greater part of our tuition costs for a limited number of attendees. For information regarding eligibility and availability, contact Niki Clay.

Disabilities: NCSPP, CAMFT, and Division 39 are committed to accessibility and non-discrimination in its continuing education activities. If participants have special needs, we will attempt to accommodate them. If you have concerns about handicapped accessibility, please contact Niki Clay.

Privacy and Confidentiality: All participants are asked to be aware of the need for privacy and confidentiality throughout all programs.

NCSPP, CAMFT, and Division 39 are committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. Please address questions, concerns and any complaints to Niki Clay.

Participants will be informed of the utility/validity of the content/approach discussed (including the basis for the statements about validity/utility), as well as the limitations of the approach and most common (and severe) risks, if any, associated with the program's content.

Commercial Support: There is no commercial support for NCSPP programs nor are there any relationships between the CE Sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

The Northern California Society for Psychoanalytic Psychology (NCSPP) is the local Chapter of Division 39, American Psychological Association. NCSPP is committed to the study of psychoanalytic psychology and the encouragement of its interests in the professional and general communities. It is a multidisciplinary, nonprofit educational membership organization open to all mental health professionals.



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