

NORTHERN  
CALIFORNIA  
SOCIETY FOR  
PSYCHOANALYTIC  
PSYCHOLOGY

FALL 2024  
PROGRAMS  
*Courses & Events*

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For full course information and course objectives, please visit our website:

[www.ncspp.org](http://www.ncspp.org)

## PSYCHOANALYSIS: Breakdown & Breakthrough

*Study Group*

**Instructor:** Daniel Butler, Ph.D., LMFT; Deborah Melman, Ph.D.;  
Susana Winkel, Ph.D.  
**Dates:** Fridays, November 8, 2024 - May 9, 2025  
**Time:** 10:00 am - 12:00 pm  
**Location:** St. Clement's Episcopal Church  
2837 Claremont Boulevard, Berkeley, CA 94705  
**CE:** 16 CE credits will be earned for segment 1;  
16 CE credits will be earned for segment 2;  
12 CE credits will be earned for segment 3  
**Tuition:** \$1,620 General Public | \$1,260 NCSPP Member  
\$1,150 NCSPP CMH Member

### Course Segments:

- *The Negentropic Clinic: Breakdown and Breakthrough in the Entropocene*
- *Breakdown and Breakthrough in the Therapeutic Dyad*
- *Rupture and The Terror of Disruption*

Many types of breakdowns are present in our patients – premature ruptures of defenses, empathic failures, and, most severely, when reality itself begins to fracture. Psychological growth can also come on the heels of great pain and turmoil. Often, we associate breakthroughs with healing and the development of insight, but glimpses of sadism, psychosis, and the id also break through carefully constructed facades. This course examines the nuances of these phenomena in a way unique to psychoanalysis, while also exploring the potential limits of psychoanalysis. We will also investigate what interdisciplinary ideas can enhance the breadth and depth of our thinking.

# COURSES, WORKSHOPS & EVENTS

Course

## INTRODUCTORY EVENT

### PSYCHOANALYSIS: Breakdown & Breakthrough

Event

Instructor: Daniel Butler, Ph.D., LMFT; Deborah Melman, Ph.D.;  
Susana Winkel, Ph.D.  
Date: Late Summer, exact date TBD  
Time: 11:30 am – 1:00 pm  
Location: Zoom  
Tuition: \$40 General Public | \$30 NCSPP Full Members  
\$20 NCSPP CMH Members | \$20 NCSPP Associate Members  
\$10 NCSPP Student Members | \$10 Scholarship Rate (approval required)

This introductory event to NCSPP's year-long Intensive Study Group (ISG) features the three instructors – Daniel Butler, Susana Winkel, and Deborah Melman – each describing their own approach to this year's theme: Psychoanalysis: Breakdown & Breakthrough. The course will explore clinical aspects of cultural, social, and political upheaval, creating space for clinicians to process, grapple, and play with experiences of and responses to the ever-shifting reality in which we and our patients find ourselves. Whether it is dissociative experiences linked to the ubiquity of technology or the vicissitudes of early developmental ruptures, one of our primary tasks as psychoanalytic clinicians is to find a vocabulary to describe breakdowns and breakthroughs as they occur in the clinical process. How do we conceptualize these fractures – how do we speak to them from within the therapeutic relationship?

If you're considering registering for the 2024–2025 ISG, this is an opportunity to bring your questions and thoughts into conversation with the instructors.

## COMMUNITY MENTAL HEALTH BOTANICAL TOUR

Social

Date: Saturday, September 4, 2024  
Time: 1:30 pm – 4:00 pm  
Location: Regional Parks Botanic Garden  
1550 Wildcat Canyon Road, Berkeley, CA 94708  
Fee: \$10 General Public (CMH ONLY) | NCSPP CMH Members

Looking for a chance to connect with community mental health clinicians and with nature and grow relationships with other therapists? The event will include a guided tour, allowing attendees to learn about conservation, natural patterns of growth, and the sustaining of ecosystems. Following the tour, we'll have light refreshments and an opportunity for group discussion on how this reflects the work of psychodynamically informed psychotherapy, often compared to a plant trying to grow in challenging terrain.

## THE LACANIAN CLINIC

Instructor: Sydney Tan, Psy.D.  
Date: Saturdays, September 28 – November 16, 2024  
Time: 11:30 am – 1:30 pm  
Location: Zoom  
CE: 16 CE credits  
Tuition: \$720 General Public | \$560 NCSPP Full Members  
\$512 NCSPP CMH Members | \$480 NCSPP Associate Members  
\$240 NCSPP Student Members | \$240 Scholarship Rate (approval required)

This course is an introduction to Jacques Lacan's work. Participants will be introduced to key concepts in Lacanian psychoanalysis in the clinics of the neuroses and the psychoses. We will read Freud, Lacan, Jacques-Alain Miller, and other writings by post-Lacanian authors and discuss the relevance of Lacan's work to the contemporary clinic.

## INTENSIVE SHORT-TERM DYNAMIC PSYCHOTHERAPY

Workshop

Instructor: Annette V. Clarke, Ph.D.  
Dates: Saturday, October 26, 2024  
Time: 1:00 pm – 3:00 pm  
Location: Zoom  
Tuition: \$90 General Public | \$70 NCSPP Full Members  
\$64 NCSPP CMH Members | \$60 NCSPP Associate Members  
\$30 NCSPP Student Members | \$30 Scholarship Rate (approval required)

This presentation provides an introduction and overview of Intensive Short-Term Dynamic Psychotherapy (ISTDP). A brief discussion of its history and development and theoretical perspective will be introduced and the appropriateness for specific populations and efficacy with particular clinical presentations. Therapeutic techniques will be described and showcased. Discussions will include the use of ISTDP with diverse populations and implications for reducing mental health and mental healthcare disparities.

## THE ROLE OF RACISM IN WHO GETS TO BE A CHILD: Clinical and Cultural Reflections

Reading Group

Instructor: David Cushman, Psy.D.  
Dates: Sunday, December 8, 2024  
Time: 10:00 am – 11:30 am  
Location: Zoom  
Tuition: \$70 General Public | \$50 NCSPP Full Members  
\$44 NCSPP CMH Members | \$40 NCSPP Associate Members  
\$30 NCSPP Student Members | \$30 Scholarship Rate (approval required)

Who gets to be a child? How does race play a role in how we view who a child is? Join us in thinking about these questions and more in this reading group, where we will analyze issues around adultification bias and white infantilization. Through case vignettes, participants will reflect and discuss how our child and adolescent treatments are fundamentally embedded within a particular cultural, historical, and political apparatus and that our understanding of our clients, our theory, and ourselves is inevitably impacted by our rooted-in socio-cultural-political surroundings.

**Daniel G. Butler, Ph.D., LMFT**, is a psychoanalytic candidate at PINC and graduate of UC Santa Cruz's History of Consciousness Program. He teaches at SFCP and Access Institute and serves on the editorial boards of *Studies in Gender and Sexuality* and *Journal of the American Psychoanalytic Association*. His private practice is in Hayes Valley.

**Annette V. Clarke, Ph.D.**, is a licensed clinical psychologist specializing in serious mental illness, diversity, community mental health, immigration and acculturation, mindfulness and meditation, and body positivity. A published author, researcher, and lecturer, her work includes Black and Black immigrant mental health, identity development, immigration, and acculturation, and cultural competency pedagogy.

**David Cushman, Psy.D.**, is a licensed clinical psychologist. He is a core faculty member of the PsyD program at CIIS and has a private practice in Oakland where he sees children, teens, adults, and couples. He worked in community settings for several years and has written and published on community mental health from a psychoanalytic perspective.

**Deborah Melman, Ph.D.**, is on the faculty at the Wright Institute, PINC, and SFCP. She has a private practice in Berkeley.

**Sydney Tan, Psy.D.**, is a clinical psychologist and psychoanalyst. She teaches seminars on Lacan and Freud, most recently at PINC, Access Institute, and SFCP, where she completed her psychoanalytic training and is a faculty member. Her film review, "The Films of Our Lives," was recently published in *fort da*, and several of her Latin translations can be found in *Impulse*. She maintains a private practice in San Francisco.

**Susana Winkel, Ph.D.**, received her psychoanalytic training at SFCP where she is faculty, and taught at UC Berkeley and Tsing-Hua University, in Beijing. A classically trained musician, she is interested in applying psychoanalysis to the study of music. Her private practice is in San Francisco and Oakland.

## Community Mental Health Committee

Katherine Eng, Ph.D., Chair

Geetali Chitre, Psy.D.

Hoa My Nguyen, LCSW

## Education Committee

Elana Guy, Psy.D.

Ronna Milo Haglili, Psy.D., Chair

Jasmine Khor, MFT

Natasha Oxenburgh, M.A.

## Intensive Study Group

Tanisha Stewart, Psy.D., Interim Chair

Yael Goldstein-Love, M.A.

Sullivan Oakley, M.A.

Rebecca Shapiro, M.A.

# GENERAL INFORMATION



For full course information, course objectives, late registration, and refund policies for each of the courses/events listed within, please visit our website at [www.ncspp.org](http://www.ncspp.org).

**Tuition & Registration Deadlines:** All tuitions listed in this brochure are for early registration (\$40 discount, \$15 discount for NCSPP Student Members). Early registration ends two weeks prior to the event or start of a multi-week course; after this date the full tuition will be applied to all registrations. For details, please see individual course/event listings on our website.

**Questions:** For questions related to enrollment, locations, CE credit, special needs, course availability, and other administrative issues, contact Niki Clay at [info@ncspp.org](mailto:info@ncspp.org) or 415|496-9949.

**Membership:** To join NCSPP, please visit the NCSPP website at [www.ncspp.org](http://www.ncspp.org).

**Target Audience & Instructional Level:** These courses are open to all licensed mental health professionals, residents, interns, and graduate students in training, as well as members of the lay public who have an interest in psychoanalytic psychology. For specific instructional level, please see individual course/event listing on our website at [www.ncspp.org](http://www.ncspp.org).

**Class Size & Eligibility for Enrollment:** For specific class size, please see individual course/event listings on our website at [www.ncspp.org](http://www.ncspp.org). Class minimums will be 6 to 8 participants. Courses that do not fill will be cancelled and payment will be refunded. In filling courses, priority will be given to NCSPP members.

**Locations & Readers:** For classes where location is listed as TBA (to be announced), information on location will be updated online at [www.ncspp.org](http://www.ncspp.org). Enrollment confirmation with course location and reader information will be emailed to enrolled participants. **Tuition does not include the cost of readers.**

**Cancellation:** Enrollees who cancel at least SEVEN DAYS prior to the event or start of a multi-week course will receive a refund minus an administrative charge. No refunds will be allowed after this time. For details, please see individual course/event listings on our website.

**Returned Checks:** A \$25 bank charge and an additional \$15 administrative charge will be issued on all returned checks.

**Continuing Education Credits:** Please see individual course/event listings for number of CE credits awarded, if applicable. Courses offering CE credit meet the requirements for CE credit for LCSWs, MFTs, and Psychologists. Upon completion of a course evaluation form, a CE certificate will be issued. This serves as documentation of attendance for all participants.

**LCSWs/MFTs:** Courses meet the requirements for CE credit, as required by the CA Board of Behavioral Sciences, through CAMFT (Provider #57020).

**Psychologists:** Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for these programs and their content.

**Scholarship Information:** We have established the NCSPP Scholarship Fund to broaden community access to our events by subsidizing the greater part of our tuition costs for a limited number of attendees. For information regarding eligibility and availability, contact Niki Clay.

**Disabilities:** NCSPP, CAMFT, and Division 39 are committed to accessibility and non-discrimination in its continuing education activities. If participants have special needs, we will attempt to accommodate them. If you have concerns about handicapped accessibility, please contact Niki Clay.

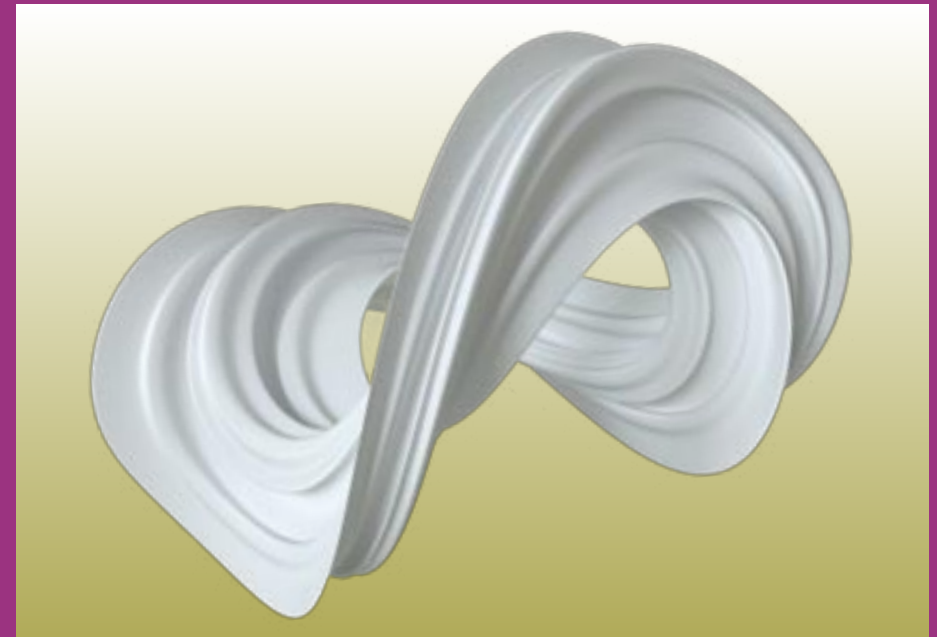
**Privacy and Confidentiality:** All participants are asked to be aware of the need for privacy and confidentiality throughout all programs.

NCSPP, CAMFT, and Division 39 are committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. Please address questions, concerns and any complaints to Niki Clay.

Participants will be informed of the utility/validity of the content/approach discussed (including the basis for the statements about validity/utility), as well as the limitations of the approach and most common (and severe) risks, if any, associated with the program's content.

**Commercial Support:** There is no commercial support for NCSPP programs nor are there any relationships between the CE Sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

The Northern California Society for Psychoanalytic Psychology (NCSPP) is the local Chapter of Division 39, American Psychological Association. NCSPP is committed to the study of psychoanalytic psychology and the encouragement of its interests in the professional and general communities. It is a multidisciplinary, nonprofit educational membership organization open to all mental health professionals.



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