



NORTHERN
CALIFORNIA
SOCIETY FOR
PSYCHOANALYTIC
PSYCHOLOGY

SPRING 2019
PROGRAMS
Courses & Events

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COURSES, WORKSHOPS & EVENTS

SPRING MOVIE MATINEE

Social

Film:	<i>Arrival</i>
Instructor:	Jed Sekoff, Ph.D.
Location:	Golden Gate Integral Counseling Center 507 Polk Street, Suite #440, San Francisco, CA 94102
Date:	Sunday, February 10, 2019
Time:	12:00 – 4:00 pm
Fee:	\$15 General Public \$12 NCSPP Members

Join the PLC and Dr. Jed Sekoff for a screening and discussion of the Oscar-nominated film, *Arrival*, a science fiction drama exploring communication with extraterrestrial intelligence. Following the screening, Dr. Sekoff will discuss the film's themes through a psychoanalytic lens, including "otherness" (and our response to it) and our relation to time, memory, and loss. Popcorn will be served.

PAVING PARADISE AND PUTTING UP A PARKING LOT: The Inability to Learn from Experience

Course

Instructor:	Reyna Cowan, Psy.D., LCSW
CE:	9 CE Credits
Location:	St. Clement's Episcopal Church 2837 Claremont Boulevard, Berkeley, CA 94705
Date:	Thursdays, February 14 – March 21, 2019
Time:	7:30 – 9:00 pm
Tuition:	\$315 General Public \$225 NCSPP Full Members \$198 NCSPP CMH Members \$180 NCSPP Associate Members \$135 NCSPP Student Members \$135 Scholarship Rate <i>(prior approval required — see website for details)</i>

How can we make contact with a patient who feels unreachable, unavailable, or under attack when any attempt at contact shuts the patient down or moves the patient away instead of towards the therapist?

The unconscious strategies — employed by fragile patients in service of reaching safety — take a huge toll on a patient's inner world. When emotional contact itself feels dangerous, the patient is left either feeling actively bereft or, at their core, not alive. Ultimately, this internal process challenges the treatment itself.

In this course, we will examine the unconscious defense strategies that patients employ to manage unbearable pain. We will examine the theoretical underpinnings of these strategies looking at autistic and dissociative defenses as well as feelings of deadness, the claustrophobia, and the work of the negative. Case material will serve as a springboard for thinking about strategies to enliven these patients in our clinical work.

COMMUNITY MENTAL HEALTH EVENTS

Due to the frenetic pace of agency work in community mental health, finding time for self-care and building professional connections, among other things, can be hard! These social mixers intend to address both needs by providing a culturally engaging social event where folks who do similar work across different agencies can get together to build connections in a relaxing and fun way. Please stay tuned for more details!

COURSES, WORKSHOPS & EVENTS

EAST BAY SPRING HAPPY HOUR

Social

Location:	Double Standard 2424 Telegraph Avenue, Oakland, CA 94612
Date:	Thursday, March 14, 2019
Time:	6:00 – 8:00 pm
Fee:	Free

Engage in great conversation while we sip affordable, delicious happy hour drinks and munch on tasty bites. Join us on the outdoor patio, which features lights and a giant redwood tree, as we talk about graduate and professional life. This is a great opportunity to unwind after your day and start spring off right with your colleagues. The Double Standard is conveniently located in downtown Oakland, just steps from the 19th Street BART station.

SCIENTIFIC MEETING

BACK INTO THE OCEAN: Music, Identification, and the Oceanic Feeling

Instructors:	Adam Blum, Psy.D., and Francisco J. González, M.D.
CE:	3 CE credits
Location:	San Francisco Center for Psychoanalysis (SFCP) 444 Natoma Street, San Francisco, CA 94103
Date:	Sunday, March 17, 2019
Time:	1:00 – 4:00 pm
Fee:	\$15 General Public Free NCSPP Members Additional \$10 fee for CE credits

*All his sea dreams
Come to me
Joni Mitchell, "The Dawntreader"*

What might the oceanic feeling have to do with music? One answer is that Freud claimed to feel neither of them, a biographical detail that is often attributed to his anxiety about undifferentiation, a fear of sameness, literal homophobia. This program resumes a Freudian voyage potentiated by his sea-change theory of sexuality using contemporary cultural objects including William Finnegan's surfing memoir, *Barbarian Days*; John Luther Adams' environmentalist composition for orchestra, "Become Ocean"; and Frank Ocean's Blonde trilogy to explore and contrast the erotics of identification (based on shared experience) with sexual complementarity (based on difference) through the work of Adam Phillips, Harold Boris, Leo Bersani, and Jean Laplanche.

COURSES, WORKSHOPS & EVENTS

TRANSITIONAL MATERNAL OBJECTS: Tracing Female Development through the Yearnings of Alison Bechdel

Course

Instructors: Milena M. Edwards, Psy.D., and Lisa Koshkarian, Ph.D.
CE: 5 CE Credits
Location: St. Clement's Episcopal Church
2837 Claremont Boulevard, Berkeley, CA 94705
Dates: Saturdays, March 23 & March 30, 2019
Times: 9:30 am – 12:00 pm
Tuition: \$175 General Public | \$125 NCSPP Full Members
\$110 NCSPP CMH Members | \$100 NCSPP Associate Members
\$75 NCSPP Student Members | \$75 Scholarship Rate
(prior approval required — see website for details)

Alison Bechdel's "Are You My Mother?" illustrates a complex rendering of her process of grappling with her relationship with her mother, using Winnicottian concepts and the man himself as a maternal icon to frame her feelings, fantasies, and conflicts. Bechdel's creative journey in finding her artist voice are entwined with her identities as a gay woman, as the daughter of a mother whose own artistic dreams were truncated, and as a patient in psychoanalytic treatment. This seminar will take up female identity development (distinct from traditional ways of understanding development), sexuality, and Oedipal conflicts, with discussion of the meanings of mourning, sexuality, maternal identification, separation-individuation, recognition and power, post-Oedipal functioning, and the imperative to find a creative "way out" to becoming an embodied, potent, autonomous, and loving woman. We will weave in theory and clinical material to contemplate how Bechdel's work illustrates the broad spectrum of issues around female identity.

FOUNDATIONS – FREUD: WORKING WITH OEDIPAL DEVELOPMENT Opening to and Healing Desire

Course

Instructor: Robert Bartner, Ph.D., MFT
CE: 9 CE Credits
Location: St. Clement's Episcopal Church
2837 Claremont Boulevard, Berkeley, CA 94705
Dates: Tuesdays, April 2 – May 7, 2019
Times: 7:30 – 9:00 pm
Tuition: \$315 General Public | \$225 NCSPP Full Members
\$198 NCSPP CMH Members | \$180 NCSPP Associate Members
\$135 NCSPP Student Members | \$135 Scholarship Rate
(prior approval required — see website for details)

There is nothing in psychoanalytic theory as central as the Oedipal Complex. This is the case not only because Freud used the classical myth of Oedipus to describe what he discovered to be the central developmental conflict of his patients, but also because as psychoanalytic theory has evolved, the myth of Oedipus has come to be seen as having an even more important role: that of elucidating the central organizing principle of the mind itself. Psychoanalysis began as a technique for freeing up blockages in desire that Freud thought created neurosis. In this class, we will take a fresh look at Oedipal dynamics in an effort to understand how the inhibition or liberation of desire works to either free the mind and its development, or constrict it. Through this study, I hope students will gain an understanding as to why the Oedipal Complex remains of central value both theoretically and clinically.

COURSES, WORKSHOPS & EVENTS

BEYOND THE CONSULTING ROOM: A Conversation with Francisco González, M.D.

Salon

Interviewee: Francisco J. González, M.D.
Interviewer: Brian Kuennemeier, Psy.D.
Location: Private Home, TBD
Date: Friday, April 19, 2019
Time: 7:00 – 9:00 pm
Fee: \$18 General Public | \$15 NCSPP Members

NCSPP's Pre-licensed Clinicians Committee invites you to the 24th in a series of conversations with experienced clinicians in the field of depth psychology. Join your colleagues for an evening of food, wine, and timely discussion with Dr. Francisco González about Social/Community Psychoanalysis, which not only has links to questions of culture, race, ethnicity, and identity, but also opens the larger question of what we understand psychoanalysis itself to be.

“YOU WOULDN'T UNDERSTAND”: Thinking About “Low Cultures” with Adolescents

Workshop

Instructors: Loong Kwok, Psy.D., and David Cushman, Psy.D.
CE: 4 CE Credits
Location: Psychoanalytic Institute of Northern California (PINC), Conference Room
530 Bush Street, 7th Floor, San Francisco, CA 94108
Date: Saturday, May 11, 2019
Time: 9:00 am – 1:00 pm
Fee: \$140 General Public | \$100 NCSPP Full Members
\$88 NCSPP CMH Members | \$80 NCSPP Associate Members
\$60 NCSPP Student Members | \$60 Scholarship Rate
(prior approval required — see website for details)

Within the psychic space of youth, interests come to define one's sense of self. These idiosyncratic obsessions, whether bands, internet memes, or comic books, are often subtly characterized as unimportant within psychoanalysis, while other cultural interests are elevated. This creates a cultural divide between therapists and clients that can limit the therapist's ability to engage with children.

When our clients' interests intersect with our own, it can imbue the dyad with a sense of mutuality. However, when we have the feeling that we *can't* get it, it raises concerns about how we can relate to our client. Can we as therapists leave behind our higher viewpoint and embrace “low culture” as a vehicle for connection?

In this course, we will explore ways to approach these cultural divides, using case examples and ideas drawn from queer studies and contemporary relational psychoanalysis, as well as manga, basketball, hip-hop, and other “low culture” places.

32nd ANNUAL EVENT AND LECTURE

PLUGGING THE SCHOOL-TO-PRISON PIPELINE: A Day with Kirkland Vaughans, Ph.D.

Instructor:	Kirkland C. Vaughans, Ph.D.
Moderator:	TBD
CE:	6 CE credits
Location:	David Brower Center 2150 Allston Way, Berkeley, CA 94704
Date:	Saturday, May 18, 2019
Time:	9:00 am – 4:00 pm
Tuition:	\$210 General Public \$160 NCSPP Full Members \$140 NCSPP CMH Members \$90 NCSPP Associate Members \$40 NCSPP Student Members \$40 Scholarship Rate <i>(prior approval required — see website for details)</i>

An overcrowded, demoralized, punitive educational system — combined with the abdication of mental health services to a juvenile justice system that incarcerates Black youth at an increasingly alarming rate — have made it difficult for many Black adolescent boys to find and engage in helpful treatment. When they are able to gain a referral, the complicated effects of White racism often impact the treatment encounter and are rarely addressed in the clinical session. Instead, racism exerts a subtle, unspoken effect that remains chambered in “forbidden talk.” Even when socioeconomic class is not an obstacle, and the clinicians are sincerely motivated, they may still find themselves challenged in raising these issues artfully in order to foster and sustain a working therapeutic alliance.

This presentation is designed to describe the multiple factors in the marginalization of Black youth, including a failure in society’s mentalization of Black boys, a phenomenon most often reflected in the denial of their developmental period of “boyhood.” Thus, rather than an image of Black boys as vulnerable and at risk, a mentalized social image of what has been described as “a denigrated self-image” is perpetuated. The research documenting the need for this presentation grew out of “The Brotherman Study,” a project that interviewed 40 lower- to upper-middle-class Black boys and their parents to give credence to their voices and individual needs. This course is designed for all mental health professionals, from beginning to advanced levels. It is geared towards clinicians who wish to further their knowledge and expand their skill base in psychodynamic clinical work with Black boys.

COMMUNITY EVENTS

The NCSPP Community Events Committee hosts a series of bi-monthly “community building” events to facilitate community within NCSPP. Social in nature, these events offer NCSPP members the opportunity to connect with each other, network, and discuss psychoanalytic ideas.

DISCUSSANTS FACULTY | PRESENTERS

Robert Bartner, Ph.D., MFT, is a faculty member and personal and supervising psychoanalyst at PINC and adjunct faculty member at SFCP. Dr. Bartner has a private practice in Oakland where he practices psychoanalysis and psychoanalytic psychotherapy with individuals and couples. He teaches widely, provides clinical consultation, and leads private study groups.

Adam Blum, Psy.D., has written about psychoanalysis and the music of Björk, Kendrick Lamar, Talking Heads, Radiohead, Sondheim, Copland, and Michael Jackson. He has a private practice in San Francisco.

Reyna Cowan, Psy.D., LCSW, is a psychoanalyst, a personal and supervising analyst at PINC, and is on faculty at both PINC and SFCP. She teaches widely throughout the Bay Area and has a private practice in Oakland, where she works with adults, couples, adolescents, and children.

David Cushman, Psy.D., is a licensed clinical psychologist. He is a staff clinician and supervisor at RAMS Inc., a community mental health clinic in San Francisco, and has a private practice in Oakland, where he sees children, teens, adults, and couples.

Milena M. Edwards, Psy.D., has spent her career focusing on issues of female identity from early adulthood to navigating choices around work, family, and partnerships. Dr. Edwards is the Director of Training at Access Institute and has a private practice in Oakland.

Francisco J. González, M.D., is a personal and supervising analyst and faculty at PINC. He has published articles on film, sexualities, and socio-cultural process, and sits on the editorial boards of *Psychoanalytic Dialogues* and *Studies in Gender and Sexuality*. He has a private practice in San Francisco and Oakland.

Lisa Koshkarian, Ph.D., is presently enthused about feminist renditions of relational psychoanalytic concepts; sexuality and gender; creativity, literature, and art. Dr. Koshkarian is core faculty/supervisor at the CPMC Doctoral Internship Training Program and maintains a private practice in San Francisco.

Loong Kwok, Psy.D., is the Director of Child Services at Access Institute, where he teaches and supervises school-based therapy. He works with adults, children, and couples at Baywell Psychiatry Group. He also serves on the Editorial Committee of *fort da*, NCSPP's journal, and the Neuropsychoanalysis Committee of PINC.

Jed Sekoff, Ph.D., is a personal and supervising psychoanalyst at PINC, and on the faculties of SFCP and the Wright Institute. His writing, teaching, and presentations interweave clinical theory, the arts, social history, and politics. His most recent paper is "Precious Bodily Fluids: The Secretary Imagination from Shakespeare to Strangelove."

Kirkland C. Vaughans, Ph.D., is a clinical psychologist and a psychoanalyst with a private practice in New York City. He is the founding editor of the *Journal of Infant, Child, and Adolescent Psychotherapy* and co-editor of *The Psychology of Black Boys and Adolescents*. Dr. Vaughans is a senior adjunct professor of psychology at the Derner Institute of Advanced Psychological Studies at Adelphi University and Director of the Postgraduate Program in Child and Adolescent Psychotherapy; a clinical supervisor at the National Institute for Psychotherapies; and visiting faculty at the Institute for Psychoanalytic Training and Research (IPTAR).

NCSP PROGRAM PLANNING COMMITTEES

Community Events Committee

Nicole Hsiang, MFT, Chair
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Lilly Hanson, MFT
Meiyang Kadaba, Psy.D.
Sohi Lachini, Psy.D.
Luba Palter, Psy.D.
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Melinda Gottesman, M.A.
Brian Kuennemeier, Psy.D.
Tanisha Stewart, Psy.D.
Chloe Russell, M.S., M.S.Ed.

GENERAL INFORMATION

For full course information, course objectives, late registration, and refund policies for each of the courses|events listed within, please visit our website at www.ncspp.org.

Tuition & Registration Deadlines: All tuitions listed in this brochure are for early registration (\$40 discount, \$15 discount for NCSPP Student Members). Early registration ends two weeks prior to the event or start of a multi-week course; after this date the full tuition will be applied to all registrations. For details please see individual course|event listings on our website.

Questions: For questions related to enrollment, locations, CE credit, special needs, course availability, and other administrative issues, contact Michele McGuinness at info@ncspp.org or 415|496-9949.

Membership: To join NCSPP, please visit the NCSPP website at www.ncspp.org.

Target Audience & Instructional Level: These courses are open to all licensed mental health professionals, residents, interns, and graduate students in training, as well as members of the lay public who have an interest in psychoanalytic psychology. For specific instructional level please see individual course|event listing on our website at www.ncspp.org.

Class Size & Eligibility for Enrollment: For specific class size please see individual course|event listings on our website at www.ncspp.org. Class minimums will be 6 to 8 participants. Courses that do not fill will be cancelled and payment will be refunded. In filling courses, priority will be given to NCSPP members.

Locations & Readers: For classes where location is listed as TBA (to be announced), information on location will be updated online at www.ncspp.org. Enrollment confirmation with course location and reader information will be emailed to enrolled participants. **Tuition does not include the cost of readers.**

Cancellation: Enrollees who cancel at least SEVEN DAYS prior to the event or start of a multi-week course will receive a refund minus an administrative charge. No refunds will be allowed after this time. For details please see individual course|event listings on our website.

Returned Checks: A \$25 bank charge and an additional \$15 administrative charge will be issued on all returned checks.

Continuing Education Credits: Please see individual course|event listings for number of CE credits awarded, if applicable. Courses offering CE credit meet the requirements for CE credit for LCSWs, MFTs, and Psychologists. Upon completion of a course evaluation form, a CE certificate will be issued. This serves as documentation of attendance for all participants.

LCSWs/MFTs: Courses meet the requirements for CE credit, as required by the CA Board of Behavioral Sciences, through CAMFT (Provider #57020).

Psychologists: Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for these programs and their content.

Scholarship Information: We have established the NCSPP Scholarship Fund to broaden community access to our events by subsidizing the greater part of our tuition costs for a limited number of attendees. For information regarding eligibility and availability, contact Michele McGuinness.

Disabilities: NCSPP, CAMFT, and Division 39 are committed to accessibility and non-discrimination in its continuing education activities. If participants have special needs, we will attempt to accommodate them. If you have concerns about handicapped accessibility, please contact Michele McGuinness.

Privacy and Confidentiality: All participants are asked to be aware of the need for privacy and confidentiality throughout all programs.

NCSPP, CAMFT and Division 39 are committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. Please address questions, concerns and any complaints to Michele McGuinness.

Participants will be informed of the utility/validity of the content/approach discussed (including the basis for the statements about validity/utility), as well as the limitations of the approach and most common (and severe) risks, if any, associated with the program's content.

Commercial Support: There is no commercial support for NCSPP programs nor are there any relationships between the CE Sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

The Northern California Society for Psychoanalytic Psychology (NCSPP) is the local Chapter of Division 39, American Psychological Association. NCSPP is committed to the study of psychoanalytic psychology and the encouragement of its interests in the professional and general communities. It is a multidisciplinary, nonprofit educational membership organization open to all mental health professionals.

REGISTRATION

THREE WAYS TO REGISTER:

ONLINE: www.ncspp.org

FAX: (415) 457-6276

MAIL: NCSPP, 12 Hampton Avenue, San Anselmo, CA 94960

I WOULD LIKE TO JOIN NCSPP AND REGISTER AT THE DISCOUNTED NCSPP MEMBER RATE:

- \$120 FULL MEMBER** \$ _____
(All licensed mental health professionals)
- \$90 COMMUNITY MENTAL HEALTH MEMBER** \$ _____
(All licensed mental health workers who conduct at least 50% of their professional duties at a CMH agency)
- \$60 ASSOCIATE MEMBER** \$ _____
(Pre-licensed mental health professionals)
- \$30 STUDENT MEMBER — Must include copy of Student ID** \$ _____
(Enrolled in an undergraduate or graduate school in a mental health discipline)

PLEASE ENROLL ME IN THE FOLLOWING:

1. _____ \$ _____
COURSE | EVENT TITLE TUITION | FEE
2. _____ \$ _____
COURSE | EVENT TITLE TUITION | FEE
3. _____ \$ _____
COURSE | EVENT TITLE TUITION | FEE
4. _____ \$ _____
COURSE | EVENT TITLE TUITION | FEE

Tax Deductible Scholarship Fund Contribution: \$ _____

Total Amount Enclosed: \$ _____

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ANNUAL LECTURE 2019



PLUGGING THE
SCHOOL-TO-PRISON PIPELINE:
*A Day with
Kirkland Vaughans, Ph.D.*

See Page 7 for Details