



NORTHERN
CALIFORNIA
SOCIETY FOR
PSYCHOANALYTIC
PSYCHOLOGY

FALL 2020
PROGRAMS
Courses & Events

ISG | COURSES | WORKSHOPS | EVENTS

33RD ANNUAL EVENT AND LECTURE –	
RACIAL MELANCHOLIA, RACIAL DISSOCIATION:	
A DAY WITH DAVID ENG, PH.D.....	6
INTENSIVE STUDY GROUPS – LOVE, LOSS, AND LOST LOVE:	
Building Capacities for Loving, Losing, and Growing	3
INTRODUCTORY EVENT – LOVE, LOSS, AND LOST LOVE:	
Building Capacities for Loving, Losing, and Growing	3
SILENCES TO BE BROKEN:	
Race, Culture, and Healing–Centered Supervision	7
USING KETAMINE IN PSYCHOANALYTIC PSYCHOTHERAPY	5
VIRTUAL FALL HAPPY HOUR	4
VIRTUAL MOVIE MATINEE:	
<i>Thelma and Louise</i>	7
WORKING TOGETHER IN COMMUNITY:	
Consultation Groups for CMH Clinicians	5
FACULTY	8
NCSPP PROGRAM PLANNING COMMITTEES	10
GENERAL INFORMATION	11

For more information and full course descriptions please visit our website:

www.ncspp.org

Due to concerns and uncertainty about the Coronavirus and out of an abundance of caution, NCSPP has decided to suspend all in-person courses/events through December 2020. All events will be held via Zoom or other virtual platforms. All registrants will receive an email with the corresponding links upon registration.

We will continue to make decisions about our programs at appropriate times, with the health and well-being of participants in mind, and with the guidance and restrictions put in place by state and local health officials.

INTENSIVE STUDY GROUPS

EAST BAY LOVE, LOSS, AND LOST LOVE: Building Capacities for Loving, Losing, and Growing

Instructors: Mary Tennes, Ph.D.; Andrea Walt, Ph.D.; Carolina Bacchi, Psy.D.; Adam Beyda, Psy.D.; Deborah Melman, Ph.D.
CE: 16 CE credits for each course segment
Location: Virtual (September 10, 2020 – January 14, 2021)
St. Clement's Episcopal Church (January 21 – May 6, 2021)
Dates: Thursdays, September 10, 2020 – May 6, 2021
Time: 10:00 am – 12:00 pm
Tuition: \$1900 General Public | \$1700 NCSPP Members
\$1350 NCSPP CMH Members

Course Segments:

- Fears of Breakdown and of Transcendence: The Challenges of Love and Loss in Psychoanalysis
- On the Capacity for Love: It's Complicated!
- Mending the Chain of Love:
Primitive, Social, and Cultural Ruptures and Restorative Therapeutic Function
- Fear of Living/Fear of Dying

SAN FRANCISCO LOVE, LOSS, AND LOST LOVE: Building Capacities for Loving, Losing, and Growing

Instructors: Genie Dvorak Psy.D.; Robin A. Deutsch, Ph.D.; Deb Weisinger, Psy.D.; Drew Tillotson, Psy.D., FIPA
CE: 16 CE credits for each course segment
Location: Virtual (September 11, 2020 – January 15, 2021)
PINC (January 22 – May 21, 2021)
Dates: Fridays, September 11, 2020 – May 21, 2021
Time: 10:00 am – 12:00 pm
Tuition: \$1900 General Public | \$1700 NCSPP Members | \$1350 NCSPP CMH Members

Course Segments:

- Lost, Unrequited, and Absent Love: Implications for Development and Change
- Love and Hate: Lost and Found
- *The Waves* – Exploring the Ebb and Flow of Life and Loss
- Love: Union, Otherness, and the Intimacy of Clinical Encounters

The earliest experiences of love are at the core of our sense of self: the warmth and holding of the mother's body, discovery in the caregiver's gaze, building connection, and growing their internal worlds. Optimistically, love leads to a safe, reliable home within.

In the cultural context of WWI, Freud (1917) penned *Mourning and Melancholia*, questioning destruction and the difficulty of loss. How do some patients experience loss and heal, while others become frozen in a self-attacking state of melancholia?

In today's sociocultural context, we face similar daily destructiveness, bearing witness to retaliatory attacks expressed, in part, by attitudes towards women, people of color, and immigration. We witness a loss of love for each other and, perhaps, for ourselves.

What happens when we lose our home and must contend with the feeling of not being rooted within? Or when we lose or attack our sense of self in being othered? How do we interrupt deadening experiences?

The 2020-21 ISG will explore how to work with loss in the consulting room, transforming it into an opportunity for growth.

COURSES, WORKSHOPS & EVENTS

INTRODUCTORY EVENT

LOVE, LOSS, AND LOST LOVE: Building Capacities for Loving, Losing, and Growing

Instructors: Deborah Melman, Ph.D.; Deborah Weisinger, Psy.D.;
Adam Beyda, Psy.D.; Carolina Bacchi, Psy.D.; Mary Tennes, Ph.D.

Location: Virtual Event

Date: July 18, 2020

Time: 11:30 am – 1:30 pm

Fee: \$40 General Public | \$30 NCSPP Full Members
\$20 NCSPP CMH, Associate and Student Members
\$20 Scholarship Rate (*approval required*)

This introductory event to the year-long San Francisco and East Bay intensive study groups (ISG) will explore ways to work with patients on the development and absence of capacities for love and its loss. If you're considering registering for the Fall ISG, please join us in this preliminary informal, dynamic conversation with various 2020-21 ISG instructors. This will be an opportunity to bring your questions and comments into the conversation with the instructors.

This year's intensive study groups will investigate theoretical approaches and practical engagements with love and loss in the clinical setting. Topics will include unremitting depressive states, developmental and intergenerational transmission of trauma, the impact of cultural hegemony on issues of depression and anxiety, enhancing patients' positive community affiliations, and the social construction of "otherness." These discussions will contribute to participants' understanding of the cultural contexts surrounding their clinical work.

VIRTUAL FALL HAPPY HOUR

SOCIAL

Location: Virtual Event
Date: Friday, September 11, 2020
Time: 7:00 – 9:00 pm
Fee: Free

The Pre-licensed Clinician Members Committee at NCSPP invites you to our Virtual Fall Happy Hour. The PLC is a group of early-career therapists and graduate students. This happy hour is a great opportunity to grab your favorite beverage, unwind after your day, meet new students and therapists, discuss career interests and internships, and learn more about psychoanalytic ideas.

COURSES, WORKSHOPS & EVENTS

USING KETAMINE IN PSYCHOANALYTIC PSYCHOTHERAPY

WORKSHOP

Instructors: Raquel Bennett, Psy.D. and Megan Rundel, Ph.D.
CE: 3 CE Credits
Location: Virtual Event
Date: Saturday, September 12, 2020
Time: 10:00 am - 1:00 pm
Tuition: \$105 General Public | \$75 NCSPP Full Members
\$66 NCSPP CMH Members | \$60 NCSPP Associate Members
\$45 NCSPP Student Members | \$45 Scholarship Rate (*approval required*)

Ketamine is a fascinating medicine with rapid-acting antidepressant effects and visionary properties. The goal of this class is to help psychoanalytically oriented psychotherapists identify which patients might benefit from a referral for adjunctive ketamine treatment, and to evaluate whether they might want to work with ketamine lozenges in their clinical practices, which is possible using a triadic treatment model (patient, psychotherapist, prescriber). In the first half of this talk, the presenters will explain several different paradigms for thinking about ketamine treatment: a pharmaceutical and biochemical approach, a psychotherapeutic and relational approach, and a psychedelic and shamanic approach. Then the presenters will talk about which patients are good candidates for ketamine treatment, and which patients would not be a good fit. Next, a discussion on the legal and logistical issues in adding ketamine services. In the second half of this workshop, the presenters will talk about the natural intersection between working with ketamine and psychoanalytic treatment. Case material will be presented.

WORKING TOGETHER IN COMMUNITY: Consultation Groups for CMH Clinicians

CONSULTATION GROUP

Instructors: Donna Moriguchi, Ph.D. and Sandy Frucht, Ph.D.
Location: Virtual Event
Dates: Bi-weekly on Mondays, September 28, 2020 - May 17, 2021
Time: 5:30 - 7:00 pm (Spring hours TBD)
Tuition: \$380 CMH General Public | \$190 NCSPP CMH Members

The frenetic pace of agency work in community mental health makes it difficult to find time and space to think deeply about our work. With the pressures of documentation requirements, community trauma, and limited resources, these demands overshadow clinical thinking. In response to the needs of our community, NCSPP provides an additional forum to reflect on our clinical work.

This consultation group will process clinical work by licensed or unlicensed employees of county-funded or non-profit CMH agencies, and will be led by seasoned clinicians who have experience in community settings. The groups will meet approximately every other week and be held virtually.

33rd ANNUAL EVENT AND LECTURE

RACIAL MELANCHOLIA, RACIAL DISSOCIATION: A Day with David L. Eng, Ph.D.

Instructor: David L. Eng, Ph.D.

Discussant: TBD

CE: 6 CE credits

Date: Saturday, October 10, 2020

Time: 9:00 am – 4:00 pm

Location: Virtual Event

Tuition: \$160 General Public | \$120 NCSPP Full Members

\$65 NCSPP CMH Members | \$65 NCSPP Associate Members

\$30 NCSPP Student Members | \$30 Scholarship Rate (*approval required*)

For this year's lecture (rescheduled from this past spring), Dr. Eng will lead us in a discussion based on research and theoretical innovations he developed in collaboration with Shinhee Han, LCSW, and presented in their 2019 book, *Racial Melancholia, Racial Dissociation: On the Social and Psychic Lives of Asian Americans*.

In light of major cultural shifts that have been taking place since this lecture's original inception—especially pertaining to the Black Lives Matter movement and the fight against anti-Black racism—the content of the event is currently being rethought so as to directly address these issues. More details about the content of the event will be published soon.

COURSES, WORKSHOPS & EVENTS

SILENCES TO BE BROKEN: Race, Culture, and Healing-Centered Supervision *WORKSHOP*

Instructor: Shanta Jambotkar, LCSW
CE: 3 CE Credits
Location: Virtual Event
Date: Saturday, October 24, 2020
Time: 1:00 - 4:00 pm
Tuition: \$105 General Public | \$75 NCSPP Full Members
\$66 NCSPP CMH Members | \$60 NCSPP Associate Members
\$45 NCSPP Student Members | \$45 Scholarship Rate (*approval required*)

The workshop will scaffold a clinical supervisor's self-reflection and learning about culturally centered clinical practices and ways to explore salient sociocultural issues with supervisees. It will investigate a contemporary psychoanalytic perspective and use indigenous and cultural narratives to invite supervisees' own cultural history, personal identities, and social contexts into the supervisory space. Questions and themes will include: What support is needed when supervisees have marginalized identities and are at higher risk of harm by institutional oppressions? What supports supervisees to make connections between their relevant identities, intrapsychic experience, relationship with their supervisor, and work with clients? How do supervisors observe their own language and behavior to identify cultural countertransference that disrupts the relationship with their supervisee? Cultural humility and reflective practice will be reviewed as tools to respond to enactments of racialized or intersectional trauma in the supervisory room and to consider the impacts of the supervisor's unique power and positionality.

VIRTUAL MOVIE MATINEE *SOCIAL*

Film: *Thelma and Louise*
Instructors: Molly Merson, LMFT, and Stephanie King, Psy.D.
Interviewer: Brian Kuennemeier, Psy.D.
Location: Virtual Event
Date: Sunday, November 15, 2020
Time: 2:00 - 4:00pm
Fee: \$13 General Public | \$10 NCSPP Members

Join the PLC, along with guest speakers Molly Merson, LMFT, and Stephanie King, Psy.D., for a discussion of the 1991 classic *Thelma and Louise*, starring Geena Davis and Susan Sarandon. Directed by Ridley Scott and written by Callie Khouri, this film follows the journey of two women defying patriarchal oppression and surviving in an unjust world. Attendees are asked to watch the film *before* the event, where our speakers will lead a discussion of the film's themes through a psychoanalytic lens.

DISCUSSANTS, FACULTY, PRESENTERS

Carolina Bacchi, Psy.D., is an advanced candidate at PINC. Dr. Bacchi is interested in issues related to intergenerational transmission impacting immigration and the interface between cultural dislocation, inner creativity, and psychoanalytic technique. She works in private practice and co-facilitates an ongoing consultation group on deepening one's clinical practice.

Raquel Bennett, Psy.D., is a psychologist and ketamine specialist in Berkeley. She primarily works with people who are living with severe depression, bipolar disorder, and/or suicidal ideation. Founder of KRIYA Institute, focused on ketamine research, Dr. Bennett has a long-standing interest in the psychedelic and mystical properties of ketamine.

Adam Beyda, Psy.D., is an advanced candidate at PINC and has a practice of psychoanalysis, psychotherapy, and consultation in Oakland. The founding Director of Counseling Services at Holy Names University, Dr. Beyda has supervised and taught widely in the community and co-facilitates an ongoing case conference promoting the development of creative modes of practice.

Robin A. Deutsch, Ph.D., maintains a private practice of psychoanalysis, psychotherapy, and consultation in Oakland. She is a training and supervising analyst at SFCP, and a personal analyst at PINC. Dr. Deutsch has presented on analytic identity, termination of treatment, and the analyst's death. Her book, *Traumatic Ruptures: Abandonment and Betrayal in the Analytic Relationship*, was published in 2014.

Genie Dvorak, Psy.D., is a psychologist and psychoanalyst in San Francisco, where she sees adults and couples as well as children and adolescents. She is a faculty member at SFCP and teaches, supervises, and provides consultation on clinical work and teaching. Her award-winning paper, "The Persistent Past: Listening for the Logic and Potentials of the Repetition Compulsion", will be presented at the 2021 American Psychoanalytic Association conference.

David L. Eng, Ph.D., is a Richard L. Fisher Professor of English at the University of Pennsylvania. He is an author of three books, most recently *Racial Melancholia, Racial Dissociation: On the Social and Psychic Lives of Asian Americans* (co-authored with Shinhee Han, LCSW, Ph.D.), as well as co-editor of numerous collections. Dr. Eng is an honorary member of the Institute for Psychoanalytic Training and Research (IPTAR).

Sandy Frucht, Ph.D., has supervised and taught widely on clinical practice, ethics, supervision, and more, in the U.S. and abroad. She has provided individual and group supervision for community mental health agencies and is dedicated to mentoring clinicians in their professional development in both university and community settings. Dr. Frucht maintains a private practice in the East Bay where she works with adolescents, couples, and adults.

Shanta Jambotkar, LCSW, provides psychotherapy, clinical supervision, and mentorship with BIPOC (Black, indigenous, and people of color) and intersectional identified communities. She has a San Francisco-based private practice and works at a trauma specialty counseling clinic at UC Berkeley. She is an organizational consultant to behavioral health agencies and an educator at postgraduate clinical training programs.

DISCUSSANTS, FACULTY, PRESENTERS

Stephanie King, Psy.D., is a cis, white psychologist working in private practice in Marin County, California. She is a gender specialist, a sex and couples therapist, and also works with adult daughters of narcissistic mothers. Dr. King is the past president of NCSPP and member of UCSF's Mind the Gap.

Deborah Melman, Ph.D., has a private practice in Albany. In addition, she consults to study groups and is on the faculty at The Wright Institute, PINC, and SFCP.

Molly Merson, LMFT, is a gender non-binary, white psychotherapist and a candidate at PINC. Molly appears on podcasts and writes articles, papers, and blog posts on social injustice, psychoanalysis, and "American" culture. She also teaches, offers trainings and presentations, and has supervised trainees and associates at local centers and schools.

Donna Moriguchi, Ph.D., has worked with children, adolescents, adults, and seniors for over 25 years in community mental health organizations and her private practice. During that time, she has also taught and provided multicultural relational supervision. Trained as a psychoanalytic psychodynamic psychotherapist, Dr. Moriguchi's philosophy in her collaborations is that all are striving to be their best selves as they navigate their way through familial, societal, cultural, and innate challenges.

Megan Rundel, Ph.D., is a personal and supervising analyst and on the faculty of PINC. A graduate of the Center for Psychedelic Therapy and Research at CIIS, Dr. Rundel's Oakland-based psychoanalytic practice combines her interest in depth psychology, spirituality, and psychedelic integration.

Mary Tennes, Ph.D., is a psychoanalyst and psychologist in private practice in Berkeley. Dr. Tennes is a faculty member at PINC and has taught at The Wright Institute, CSPP, CIIS, and other graduate and training programs. She has written and presented on the topic of psychoanalysis and the uncanny and has a particular interest in the intersection of psychoanalytic practice, poetry, and contemporary science.

Drew Tillotson, Psy.D., FIPA, is a fellow of the IPA, past president of PINC and NCSPP, vice president of NAPsaC, board director of CIPS, and sits on the IPA's Psychoanalytic Education Committee. He is co-editor and chapter author of *"Body as Psychoanalytic Object: Clinical Applications from Winnicott to Bion and Beyond,"* for Routledge Press. He teaches widely in the Bay Area and has a private practice in San Francisco.

Andrea Walt, Ph.D., is a faculty member and personal and supervisory analyst at PINC. She teaches theory and clinical practice in a variety of training settings. Dr. Walt has a private practice in Oakland, offering psychoanalysis and psychotherapy for adults, adolescents, and couples, as well as clinical consultation.

Deborah Weisinger, Psy.D., is a psychologist and psychoanalyst in San Francisco, where she sees individual adults. She is on the faculty of SFCP and teaches and supervises at local clinical training sites, most recently Access Institute and CPMC.

NCSP PROGRAM PLANNING COMMITTEES

Program Division Chair Molly Russo, Psy.D.
OML Division Chair Candice Turner, Psy.D.

Community Mental Health Committee

Katherine Eng, Ph.D., Chair
Andrea Chan, Psy.D.
Geetali Chitre, Psy.D.

Education Committee

Asya Grigorieva, Ph.D., Chair
Clara Brandt, Psy.D.
June Lin-Arlow
Ronna Haglili

Intensive Study Group Committee

Todd Rising, Psy.D., Chair
Ben Goldstone, LMFT
Colleen Lix, Psy.D.
Jennie Merovick, MSW

Pre-licensed Clinician Members Committee

Priscille Schwarcz-Besson, Ph.D., Chair
Kira Bartholomew, B.A.
Maya Florsheim, M.A.
Melissa Glass, B.S.
Tom Guyer, B.A.
Brian Kuennemeier, Psy.D.

Program Committee

Jeremy Mintz, Psy.D., Chair
Danni Biondini, MA
Geetali Chitre
Danielle Dunchok, Psy.D.
Justine Leichtling, Psy.D.

GENERAL INFORMATION

For full course information, course objectives, late registration, and refund policies for each of the courses/events listed within, please visit our website at www.ncspp.org.

Tuition & Registration Deadlines: All tuitions listed in this brochure are for early registration (\$40 discount, \$15 discount for NCSPP Student Members). Early registration ends two weeks prior to the event or start of a multi-week course; after this date the full tuition will be applied to all registrations. For details please see individual course/event listings on our website.

Questions: For questions related to enrollment, locations, CE credit, special needs, course availability, and other administrative issues, contact Michele McGuinness at info@ncspp.org or 415|496-9949.

Membership: To join NCSPP, please visit the NCSPP website at www.ncspp.org.

Target Audience & Instructional Level: These courses are open to all licensed mental health professionals, residents, interns, and graduate students in training, as well as members of the lay public who have an interest in psychoanalytic psychology. For specific instructional level please see individual course/event listing on our website at www.ncspp.org.

Class Size & Eligibility for Enrollment: For specific class size please see individual course/event listings on our website at www.ncspp.org. Class minimums will be 6 to 8 participants. Courses that do not fill will be cancelled and payment will be refunded. In filling courses, priority will be given to NCSPP members.

Locations & Readers: For classes where location is listed as TBA (to be announced), information on location will be updated online at www.ncspp.org. Enrollment confirmation with course location and reader information will be emailed to enrolled participants. **Tuition does not include the cost of readers.**

Cancellation: Enrollees who cancel at least SEVEN DAYS prior to the event or start of a multi-week course will receive a refund minus an administrative charge. No refunds will be allowed after this time. For details please see individual course/event listings on our website.

Returned Checks: A \$25 bank charge and an additional \$15 administrative charge will be issued on all returned checks.

Continuing Education Credits: Please see individual course/event listings for number of CE credits awarded, if applicable. Courses offering CE credit meet the requirements for CE credit for LCSWs, MFTs, and Psychologists. Upon completion of a course evaluation form, a CE certificate will be issued. This serves as documentation of attendance for all participants.

LCSWs/MFTs: Courses meet the requirements for CE credit, as required by the CA Board of Behavioral Sciences, through CAMFT (Provider #57020).

Psychologists: Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for these programs and their content.

Scholarship Information: We have established the NCSPP Scholarship Fund to broaden community access to our events by subsidizing the greater part of our tuition costs for a limited number of attendees. For information regarding eligibility and availability, contact Michele McGuinness.

Disabilities: NCSPP, CAMFT, and Division 39 are committed to accessibility and non-discrimination in its continuing education activities. If participants have special needs, we will attempt to accommodate them. If you have concerns about handicapped accessibility, please contact Michele McGuinness.

Privacy and Confidentiality: All participants are asked to be aware of the need for privacy and confidentiality throughout all programs.

NCSPP, CAMFT, and Division 39 are committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. Please address questions, concerns and any complaints to Michele McGuinness.

Participants will be informed of the utility/validity of the content/approach discussed (including the basis for the statements about validity/utility), as well as the limitations of the approach and most common (and severe) risks, if any, associated with the program's content.

Commercial Support: There is no commercial support for NCSPP programs nor are there any relationships between the CE Sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

The Northern California Society for Psychoanalytic Psychology (NCSPP) is the local Chapter of Division 39, American Psychological Association. NCSPP is committed to the study of psychoanalytic psychology and the encouragement of its interests in the professional and general communities. It is a multidisciplinary, nonprofit educational membership organization open to all mental health professionals.



CASE CONFERENCE: SUFFERING AS A RESPONSE TO GRATIFICATION

with Diane Donnelly, Ph.D.

February 11 - March 25, 2021

DISSOCIATIVE IDENTITY DISORDER:

NEUROSCIENCE AND THE USE OF THE BODY IN DISSOLVING DISSOCIATIVE BARRIERS

with Kylie Svenson, ACSW

March 8 - 29, 2021

34TH ANNUAL EVENT & LECTURE

with Usha Tummala-Narra, Ph.D.

April 24, 2021

BION: FROM ALPHA TO O(MEGA)

with Scott Lines, Ph.D.

Spring 2021

ANNUAL EVENT & LECTURE READING GROUP

Spring 2021

WRITING AWARD PRESENTATION

with Tara Bredesen, ACSW

Spring 2021

COMMUNITY MENTAL HEALTH MUSEUM MIXER

Spring 2021

COMMUNITY MENTAL HEALTH HIKE

Spring 2021

SPRING 2021
UPCOMING
Courses & Events