

NORTHERN
CALIFORNIA
SOCIETY FOR
PSYCHOANALYTIC
PSYCHOLOGY

FALL 2019 BROGRAMS Courses & Ovents

ISG | COURSES | WORKSHOPS | EVENTS

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EAST BAY

THE TERRITORY OF THE BODY: Psychoanalytic Conceptualizations of the Psyche-Soma

Instructors: Paula Mandel, Ph.D.; Tom Wooldridge, Psy.D., ABPP;

Dianne Elise, Ph.D.; Deborah Melman, Ph.D.

CE: 16 CE credits for each course segment

Location: St. Clement's Episcopal Church

2837 Claremont Boulevard, Berkeley, CA 94705 Thursdays, September 12, 2019 — May 14, 2020

Time: 10:00 am – 12:00 pm

Tuition: \$1,900 General Public | \$1,700 NCSPP Members

\$1,350 NCSPP CMH Members

Course Segments:

Dates:

- Touching the Body with Words
- When Words Fail and the Body Speaks: Psychoanalytic Treatment of Eating Disorders
- Erotic Embodiment in the Analytic Field
- Disembodiment: Deadness/Vitality

SAN FRANCISCO

THE TERRITORY OF THE BODY:

Psychoanalytic Conceptualizations of the Psyche-Soma

Instructors: Tom Wooldridge, Psy.D., ABPP; Betsy Kassoff, Ph.D.;

Audrey Martin, MFT; Paul U. Alexander, Ph.D.

CE: 16 CE credits for each course segment

Location: Psychoanalytic Institute of Northern California (PINC)

530 Bush Street, 7th Floor, San Francisco, CA 94108

Dates: Fridays, September 13, 2019 — May 15, 2020

Time: 10:00 am – 12:00 pm

Tuition: \$1,900 General Public | \$1,700 NCSPP Members

\$1.350 NCSPP CMH Members

Course Segments:

- When Words Fail and Bodies Speak: Psychoanalytic Treatment of Eating Disorders
- The Body: Sexed and Gendered
- Our Bodies, Our (Clinical) Selves
- Loosened Links/Broken Bodies, or The Acts of Madness

"The ego is first and foremost a bodily ego..." Sigmund Freud (1923-25), The Ego and the Id and Other Works.

Patients walk into our consulting rooms with a sense of dis-ease. Some can say they are depressed or anxious. Some speak slowly, or unhappily about their relationship with a partner, or their daily work. Some are quiet and can barely use words. *All speak through their bodies*. The body is the record of early experience, to be encountered in the present clinical moment.

With each patient, the body of the psychotherapist speaks. Is the therapist feeling seduced, disorganized, or deadened after an exchange? Counter-transference experiences anchored in the body of the psychotherapist can help guide clinical thinking and interventions.

This intensive study course will take up various conceptualizations of the body in psychoanalysis. Therapists from a range of theoretical backgrounds will use contemporary texts to explore the psychological development of body-mind. The body that is born, the body that heals and the body that dies, and the territories in between.

For a full course description and descriptions of each of the individual sections, visit www.ncspp.org

COURSES, WORKSHOPS & EVENTS

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ISG INTRODUCTORY EVENT

THE TERRITORY OF THE BODY: Psychoanalytic Conceptualizations of the Psyche-Soma

Instructors: Betsy Kassoff Ph.D.; Audrey Martin, MFT;

Tom Wooldridge Psy.D., ABPP

Location: St. John's Presbyterian Church

2727 College Avenue, Berkeley, CA 94705

Date: Saturday, July 20, 2019

Time: 2:00 – 4:00 pm

Fee: \$40 General Public | \$30 NCSPP Full Members

\$20 NCSPP CMH, Associate and Student Members

\$20 Scholarship Rate (approval required)

In this introductory event to the yearlong intensive study groups in San Francisco and the East Bay, we will explore how to work with the territory of the body. We invite you to join our informal, dynamic conversation with Betsy Kassoff, Audrey Martin, and Tom Wooldridge. If you're considering registering for the upcoming ISG in the fall, this introductory conversation is an opportunity to engage with thoughtful community members, enjoy a prelude to the year's ISG, and bring your questions and comments about the topic to the instructors.

In the coming Intensive Study Groups, we will investigate theoretical approaches and practical engagements with the body in the clinical setting. Topics such as gender and culture, self-harm, sexuality, dissociation, and the language of bodily experience will be discussed.

FRIENDS AND FAMILY PICNIC

Location: Off-the-Grid Picnic Area

Main Parade Grounds in Presidio Park

Date: Sunday, August 18, 2019
Time: 11:30 am – 3:00 pm
Fee: Free NCSPP Members

Join NCSPP board and members for a friendly and fun gathering at the Presidio Off-the-Grid Picnic. Buy your lunch from your favorite food truck and meet us at our designated picnic area marked with signage. We will meet, eat, and mingle in the park. You are welcome to bring your kids, dogs, and family members.

MUTUAL LOVE AS TRAUMA: Implications for Clinical Work

Co

Instructor: Diane E. Donnelly, Ph.D.

CE: 10.5 CE Credits

Location: San Francisco Center for Psychoanalysis (SFCP)

444 Natoma Street, San Francisco, CA 94103

Date: Thursdays, September 12 – October 17, 2019

Time: 7:15 – 9:00 pm

Tuition: \$365 General Public | \$260 NCSPP Full Members

\$230 NCSPP CMH Members | \$210 NCSPP Associate Members

\$155 NCSPP Student Members | \$155 Scholarship Rate (approval required)

Mutual love, while inducing great happiness, weakens higher mental functions and, so, is paradoxically traumatic. We will begin with the clinical observation that experiences of satisfaction, especially when mutual, make people happy but anxious. We will look at a literary example of the traumatic aspect of mutual love, Hawthorne's *The Scarlet Letter* (1850), and consider Freud's two-stage theory of trauma. Next, we will read papers by Freud, Weiss, and Laplanche that shed light on why mutual love is traumatic. Finally, we will examine the clinical implications of this phenomenon, including its ramifications for the therapeutic relationship where, if things go well, mutual love naturally develops. We will discuss how to help patients understand this phenomenon and recognize techniques they can use to cope with it. The goal will be to help them replace self-defeating behaviors with more adaptive ones in the face of mutual love and other significant successes in their lives.

WELCOME BACK HAPPY HOUR

Social

Location: 21st Amendment Brewery & Restaurant

563 2nd Street, San Francisco, CA 94107

Date: Friday, September 13, 2019

Time: 7:00 – 9:00 pm

Fee: Free

Ready to enhance your networking and mingle with colleagues in a fun night out? Eager to discuss your career interest, internship, novel psychoanalytic ideas, or any other realms of your professional life? Join us for drinks and food specials at a cool brewery in the SOMA district, just two blocks from AT&T Park.

COURSES, VVORKSHOPS & EVENTS

COURSES, WORKSHOPS & EVENTS

MIRRORING AND THE TRUE GENDER SELF: Tools for Understanding the Transgender and Gender Expansive Child

Instructor: Diane Ehrensaft, Ph.D.

CE: 4 CE Credits **Location:** SF LGBT Center

1800 Market Street, San Francisco, CA 94102

Date: Saturday, September 28, 2019

Time: 10:00 am – 2:00 pm

Tuition: \$140 General Public | \$100 NCSPP Full Members

\$88 NCSPP CMH Members | \$80 NCSPP Associate Members

\$60 NCSPP Student Members | \$60 Scholarship Rate (approval required)

This is a pivotal time for psychoanalysis to re-tool itself and offer both comprehension and best care to children and youth who experience and express themselves outside our normative gender structures. Dr. Ehrensaft will present the interdisciplinary gender affirmative model of care developed collectively by experts at four major U.S. pediatric gender clinics, including UCSF Benioff Children's Hospital, where she is Director of Mental Health of the Child and Adolescent Gender Center.

Using clinical material from clinic patients, this course will demonstrate how the tools of psychoanalysis can be linked to the rubrics of the gender-affirmative model to provide optimal care for gender expansive and transgender children and youth, along with their families. Participants will discuss experiences in their own clinical practices and critique the gender affirmative-model as to its potential strengths and weaknesses in providing in-depth psychoanalytically informed treatment of children and youth.

FOUNDATIONS: Klein

Instructor: Margo Chapin, MFT

CE: 9 CE Credits

Location: St. Clement's Episcopal Church

2837 Claremont Boulevard, Berkeley, CA 94705

Date: Mondays, September 30 – November 4, 2019

Time: 7:30 – 9:00 pm

Tuition: \$315 General Public | \$225 NCSPP Full Members

\$200 NCSPP CMH Members | \$180 NCSPP Associate Members

\$135 NCSPP Student Members | \$135 Scholarship Rate (approval required)

In 1926, 44-year-old Melanie Klein left Berlin for England where she embarked upon the most creative period of her life. There, Klein established a new theoretical school, pioneered a psychoanalytic treatment for children, influenced extraordinarily creative colleagues, and broke new ground using psychoanalytic concepts to work with individuals suffering with borderline and psychotic conditions.

Building on the foundation laid by Freud, Melanie Klein's focus on early mental life lead her to an awareness of a powerful primitive phantasy life that underpinned all mental activity, shaping one's sense of self, relationships to others, and one's sense of the world. Klein's groundbreaking work on the centrality of unconscious phantasy, the role of internal object relations, and the significance of the instincts lead her to be understood as both an innovator and a radical.

This course is an introduction to Melanie Klein's theoretical and clinical concepts, and to contemporary Kleinian clinical work.

WORKING TOGETHER IN COMMUNITY: Consultation Groups for CMH Clinicians Onsultation

Session I:

Instructor: Monika Telichowska, Psy.D.

Dates | Time: Every other Tuesday, 6:00 – 7:30 pm

(October through January)

Session II:

Instructor: German Cheung, Psy.D.

Dates | Time: Every other Thursday, 4:00 - 5:30 pm

(February through May)

Location: Private Office, SF and/or virtual

Tuition: \$380 CMH General Public | \$190 NCSPP CMH Members

The frenetic pace of agency work in community mental health makes it difficult to find time and space to think deeply about our work. With the pressures of documentation requirements, community trauma, and limited resources, these demands overshadow clinical thinking. In response to the needs of our community, NCSPP is providing an additional forum to reflect on our clinical work.

This consultation group will process clinical work by licensed or unlicensed employees of county-funded or non-profit CMH agencies, and will be led by seasoned clinicians who have experience in community settings. The groups will meet approximately every other week and be held at the consultants offices or virtually.

BION:

Reverie, Containment, and the Clinical Process

Instructor: Scott Lines, Ph.D. **CE:** 6 CE Credits

Location: St. Clement's Episcopal Church

2837 Claremont Boulevard, Berkeley, CA 94705

Date: Tuesdays, October 8 – 29, 2019

Time: 7:30 – 9:00 pm

Tuition: \$210 General Public | \$150 NCSPP Full Members

\$135 NCSPP CMH Members | \$120 NCSPP Associate Members

\$90 NCSPP Student Members | \$90 Scholarship Rate (approval required)

This course will examine the development of the radical intersubjectivity contained within Bion's "Theory of Thinking," his groundbreaking 1962 paper formally introducing two-person psychology, which reoriented psychoanalytic theory toward today's intersubjective perspective. Drawing from Freud's (1911) "Formulations on Two Principles of Mental Functioning," Bion postulated two possibilities open to humans from infancy onward — thinking or projective identification — placing early parenting in the pivotal role of shaping the individual's capacity to think or project. All of Bion's later work revolved around the central question of the mechanisms whereby the individual can safely dwell in one's own mind, beginning first by seeking refuge in the minds of primary caretakers through "normal" projective identification, and then by internalizing this capacity for reflective thinking — "alpha function." We shall read works by Freud and Bion, with an eye toward phenomena in the consulting rooms of instructor and course participants.

COURSES, VVORKSHOPS & EVENTS

COURSES, WORKSHOPS & EVENTS

12TH ANNUAL PSYCHOANALYTIC COUPLE PSYCHOTHERAPY EVENT

PROMOTING SELF-OBJECT EXPERIENCE BETWEEN PARTNERS: The Application of Self Psychology and Related Theories to Couple Psychotherapy

Sponsored By: NCSPP & PCPG

(The Psychoanalytic Couple Psychotherapy Group)

Instructor:Carla Leone, Ph.D.Discussant:Rachel Cooke, Psy.D.CE:5.5 CE creditsLocation:David Brower Center

2150 Allston Way, Berkeley, CA 94704

Date: Saturday, October 26, 2019

Time: 9:00 am – 3:30 pm

Tuition: \$210 General Public | \$160 NCSPP Full Members & PCPG Members

\$90 NCSPP CMH Members | \$90 NCSPP Associate Members \$40 NCSPP Student Members | \$40 Scholarship Rate (approval required)

NCSPP and PCPG are pleased to host Dr. Carla Leone, who will be addressing how one thinks and works with couples through the lens of Self Psychology. She will ask the question: How does a couple promote a connection that helps each member of the couple consolidate and maintain a positive, vitalized sense of themselves as individuals within the couple?

Dr. Leone will pay particular attention to the ways in which a self psychologist listens to the couple, honing in on what partners are needing and seeking from the other. By focusing on the state of the self, narcissistic injury, and the rupture and repair sequence, Dr. Leone tracks each member of the couple, assessing and interpreting based on their self-object experiences. She will elaborate her understanding of the concept of self-object experience and the ways in which capacities and characteristics of individuals and couples either foster or interfere with mutual self-object experience, including each partner's sense of self, emotion regulation, and mentalization abilities. Other concepts and ideas that will be addressed include empathic immersion, attuned responsiveness, close attention to narcissistic vulnerability, the rupture and repair sequence, and collaborative, experience-near interpretation.

Dr. Rachel Cooke will act as discussant. In the afternoon, Dr. Leone will present case material in a creative format that will "act out" the clinical hour by having people play the roles of each of the partners in the couple.

This event will be available for live streaming; see website for details.

FALL MOVIE MATINEE

Film: Clouds of Sils Maria Instructor: Diane Borden, Ph.D.

Location: Spark Arts

4229 18th Street, San Francisco, CA 94114

Date: Sunday, October 20, 2019

Time: 12:00 – 4:00 pm

Fee: \$18 General Public | \$15 NCSPP Members

Join the PLC and Dr. Diane Borden for a screening and discussion of the 2014 film *Clouds of Sils Maria*, a French-German-Swiss co-production set in Sils Maria, Switzerland, starring Juliette Binoche, Kristen Stewart, and Chloë Grace Moretz. Following the screening, Dr. Borden will discuss the film's themes through a psychoanalytic and depth orientation, including aging and the acceptance of life changes, the impact of technology on human relationships, merging and separation of identity, and transformative retreat in the sublime and in the setting of the Swiss Alps. Popcorn will be served. (*The technological difficulties encountered during the last movie matinee have been resolved in this new venue*).

STUDENT PAPER PRESENTATION

Presenter: Amber Trotter, Psy.D. **Interviewer:** Brian Kuennemeier, Psy.D.

Location: Golden Gate Integral Counseling Center

507 Polk Street, #450, San Francisco, CA 94102

Date: Friday, November 1, 2019

Time: 7:30 – 9:30 pm

Fee: \$15 General Public | \$12 NCSPP Members

Please join the Pre-Licensed Clinicians Committee in celebrating the work of Amber Trotter, Psy.D., on her paper titled, "Living Our Dreams or Dreaming a Nightmare: Reflections on an Increasingly Virtual Reality," which received *fort da's* 2018 Student Paper Award. Amber will present her paper, and a discussion facilitated by Brian Kuennemeier, Psy.D., will follow.

BEYOND THE CONSULTING ROOM: A Conversation with Karim Dajani, Psy.D., MFT

Interviewee: Karim G. Dajani, Psy.D., MFT **Interviewer:** Kylie Svenson, MSW

Location: Golden Gate Integral Counseling Center

507 Polk Street, #450, San Francisco, CA 94102

Date: Friday, November 15, 2019

Time: 7:00 – 9:00 pm

Fee: \$18 General Public | \$15 NCSPP Members

NCSPP's Pre-licensed Clinicians Committee invites you to the 22nd in a series of conversations with senior clinicians in the field of depth psychology. Join your colleagues for a stimulating evening of food, wine, and conversation with Dr. Karim Dajani, an immigrant psychoanalyst and instructor at SFCP. Dr. Dajani is deeply interested in the relationship between the individual and the collective. He has written about the various ways culture structures the unconscious and its role in shaping perception, thinking, and feeling. He is committed to expanding the scope of psychoanalysis, to addressing cultural and collective problems, and to applying psychoanalytic ideas to issues of social justice.

COURSES, WORKSHOPS & EVENTS

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RELATIONAL SUPERVISION IN SOCIOCULTURAL CONTEXT

Instructor: Terri Rubinstein, Ph.D., LMFT

CE: 6 CE Credits

Location: St. John's Presbyterian Church

2727 College Avenue, Berkeley, CA 94705

Date: Saturday, November 16, 2019

Time: 9:00 am – 4:00 pm

Tuition: \$210 General Public | \$150 NCSPP Full Members

\$135 NCSPP CMH Members | \$120 NCSPP Associate Members

\$90 NCSPP Student Members | \$90 Scholarship Rate (approval required)

This course focuses on the use of self — both psychologically and socioculturally. It frames supervision as a mutual endeavor between two socioculturally located, and therefore conditioned, participants that impact one another and the supervisee's work, both consciously and unconsciously. Every human relationship contains the possibility of shame, envy, competition, negation, and conscious and unconscious power dynamics. These feelings and dynamics surface in the transference-counter-transference within the supervisee's work as a therapist and between the supervisory dyad or group. The use of self-inquiry, compassion, and cultural humility in examining these patterns is demonstrated and explored in this seminar-style course.

SCREEN RELATIONS: From Wishful Thinking to Research-Informed Decisions

Instructor: Gillian Isaacs Russell, Ph.D., NCPsyA, and Amber Trotter, Psy.D.

CE: 3 CE Credits

Location: San Francisco Center for Psychoanalysis (SFCP)

444 Natoma Street, San Francisco, CA 94103

Date: Saturday, November 23, 2019

Time: 1:00 – 4:00 pm

Tuition: \$60 General Public | \$45 NCSPP Full Members

\$35 NCSPP CMH Members | \$35 NCSPP Associate Members

\$25 NCSPP Student Members | \$25 Scholarship Rate (approval required)

This course offers an in-depth empirical perspective on technology-mediated therapy. It is designed to help clinicians work more effectively with clients using technology, as well as to better understand the limitations of technology-mediated therapy, the nature of Presence, and the significance of embodied relating. The gains and losses of technologically mediated treatment will be assessed via clinical experience and current research, including in fields outside of psychoanalytic psychotherapy, such as computer/human interaction and neuroscience. Sociopolitical factors will also be considered. This event will be available for live streaming; see website for details.

NCSPP HOLIDAY PARTY

Location: Private Home, San Francisco **Date:** Friday, December 6, 2019

Time: 6:30 – 9:30 pm **Fee:** Free NCSPP Members

All NCSPP members are invited to celebrate another year of provocative programs, classes, and events, at our Annual Holiday Party. Mingle with new and old NCSPP friends and toast with us in style. The community service award and the student paper award will be announced at the party. Wine and hors d'oeuvres will be served.

DISCUSSANTS FACULTY | PRESENTERS

Paul U. Alexander, Ph.D., practices psychoanalysis, psychotherapy, and consultation with individuals, couples, and small groups. He teaches in post-graduate programs in the San Francisco Bay Area and consults on group processes in private practice and institutional settings.

Diane Borden, Ph.D., is Professor Emerita of Film, Literature, and Psychoanalysis at the University of the Pacific. She has published books, chapters, and journal articles on cinema and psychoanalysis and conducts a study group on film and psychoanalysis in San Francisco. Dr. Borden has been guest faculty at SFCP/SFPI, formerly chaired the Board of Trustees at SFCP, and currently sits on the NCSPP faculty. She has a special interest in trauma, perversion, and group process.

Margo Chapin, MFT, is a faculty member and a supervising and training analyst at SFCP. Ms. Chapin has a private practice in Oakland, and she leads several ongoing study groups for clinicians in the Bay Area.

Rachel Cooke, Psy.D., is a clinical psychologist in private practice in Oakland and San Francisco. A founding member of the Psychoanalytic Couple Psychotherapy Group (PCPG), she has taught courses in psychoanalytic couple therapy at various training programs in the Bay Area. Her discussion of Stanley Ruszczynski's paper, "Couples on the Couch," is published in a book of the same name (Routledge, 2017), edited by PCPG colleagues Shelley Nathans and Milton Schaefer. Dr. Cooke sees couples and individuals and provides consultation.

German Cheung, Psy.D., is a bilingual and bicultural psychologist and works psychoanalytically with children and adults in private practice. He trained at Richmond Area Multi-Services, Inc. (RAMS), where for eight years he supervised trainees, post-doctoral candidates, and staff. Dr. Cheung also provides clinical consultation for therapists and organizations in the Bay Area and Hong Kong.

Karim G. Dajani, Psy.D., MFT, is a clinical psychologist and psychoanalyst in private practice with a specialization in treating bicultural individuals. His research and writing include publications on psychological resilience and on culture, where, his work examines the role culture plays in determining an individual's role within a collective, and on the experience of cultural dislocation.

Diane Donnelly, Ph.D., is a psychologist and psychoanalyst on SFCP's faculty. She practices in San Francisco and Marin where she sees adults and children. In 2012, she received *JAPA's* New Author Prize for her paper "The Function of Suffering as Portrayed in *The Scarlet Letter* and Reflected in Clinical Work."

Diane Ehrensaft, Ph.D., is a developmental and clinical psychologist, associate professor of Pediatrics at UCSF, and Director of Mental Health of the Child and Adolescent Gender Center, UCSF Benioff Children's Hospital. She specializes in research, clinical work, training, and consultation related to gender expansive children, and publishes and lectures both nationally and internationally on this topic.

Dianne Elise, Ph.D., personal and supervising analyst and faculty at PINC, has served on the editorial boards of *Journal of the American Psychoanalytic Association and Studies in Gender & Sexuality.* She has elaborated her 2018 fort da essay on a Winnicottian field theory into a book of her papers, *Creativity and the Erotic dimensions of the Analytic Field* (Routledge, 2019).

Betsy Kassoff, Ph.D., is a psychologist and psychoanalyst in San Francisco. She provides services and teaches at a number of community mental health sites and graduate programs. Dr. Kassoff sees individuals and couples in her private practice, provides consultation, supervises, teaches, and writes on the intersection of relational psychoanalysis and the sociopolitical.

Brian Kuennemeier, Psy.D., completed his doctorate at the Wright Institute. His training has included work with a variety of populations throughout the Bay Area, but has primarily focused on the LGBTQ+ and HIV-positive communities. He is currently completing his postdoctoral fellowship in an integrated health psychology setting providing brief treatment to underserved communities in Contra Costa County.

DISCUSSANTS FACULTY | PRESENTERS

NCSPP PROGRAM
PLANNING COMMITTEES

Program Division Chair Molly Russo, Psy.D. OML Division Chair Candice Turner, Psy.D.

Carla Leone, Ph.D., is the director of North Suburban Family Psychologists, in Lincolnwood, Illinois, and is on the faculty of the Institute for Clinical Social Work in Chicago. She is an elected member of the governing council of the International Association of Psychoanalytic Self Psychology (IAPSP), Co-Chair of IAPSP's Membership Committee, and Chair and Co-founder of that organization's Couples Therapy Interest Group. Author of several published papers on couple and family therapy as well as the "unseen spouse" of patients in individual therapy, Dr. Leone is currently working on a book, tentatively titled *Rebuilding Connections, Repairing Ruptures: A Self Psychological Couple Therapy Casebook,* to be published by Routledge.

Scott Lines, Ph.D., is a psychoanalyst and forensic psychologist in Berkeley, graduate of PINC, past president of NCSPP, and clinical faculty at CIIS, Access Institute, CPMC, TPI. Current writing includes malignant narcissism, a memoir of alcoholism in the family, and a musical theater piece on Jim Jones and Jonestown.

Paula Mandel, Ph.D., is a clinical psychologist and psychoanalyst and a graduate of PINC. She supervises and teaches at numerous Bay Area training sites. Dr. Mandel presented her paper, "Time and the Body: Managing Longing Through the Manipulation of Time," at the 2017 IPA conference in Buenos Aires as the North American finalist for the Tyson Prize.

Audrey Martin, MFT, is a psychoanalytic psychotherapist in private practice in San Francisco and Berkeley, where she sees adults and adolescents. Audrey has been involved as a preschool mental health consultant, and served as the former Training Director of the Master's Level Intern Program at the McAuley Institute, Adolescent Inpatient and Outpatient units.

Deborah Melman, Ph.D., is on the faculty at the Wright Institute, PINC, and SFCP. She has a private practice in Berkeley.

Terri Rubinstein, Ph.D., LMFT, is a psychotherapist and consultant in private practice in Berkeley. She supervises and teaches at The Psychotherapy Institute and is on the Supervision Study Program faculty. She has published and taught continuing education courses on relational psychotherapy, clinical supervision, couple therapy, and alienation.

Gillian Isaacs Russell, Ph.D., NCPsyA, a UK-trained psychoanalyst, is a member of the American Psychoanalytic Association, the International Psychoanalytical Association, and the British Psychoanalytic Council. Her book, *Screen Relations: The Limits of Computer-Mediated Psychoanalysis and Psychotherapy*, was published by Karnac Books in 2015. Dr. Russell writes, speaks, and teaches internationally on technology and its impact on intimate human relationships, particularly in psychoanalytic treatment. She currently practices in Boulder, Colorado.

Monika Telichowska, Psy.D., has worked extensively with children, adolescents, and adults in individual, group, and family psychotherapy. Dr. Telichowska has a passion for working with clients who are traditionally underserved and applies an integrated approach in her work, informed by relational, intersubjective, socio-cultural, developmental, trauma, and attachment theories.

Amber Trotter, Psy.D., completed her training at the CIIS and Access Institute. She thinks and writes about technology and psychoanalysis, including *Living Dreams or Dreaming Nightmares* published this fall in *fort da*. The author of the forthcoming *Psychoanalysis's Edge: An Inquiry into Psychoanalysis as a Subversive Phenomenon* (Lexington Books) and founding editor at *Damage Magazine*, she is in private practice in San Francisco.

Tom Wooldridge, Psy.D., ABPP is a psychoanalyst, board-certified clinical psychologist, and associate professor at Golden Gate University. He has published two books: *Understanding Anorexia Nervosa in Males* and *Psychoanalytic Treatment of Eating Disorders* (Relational Perspectives Book Series), in addition to numerous articles on a wide range of topics. He is in private practice in Berkeley.

Community Events Committee

Nicole Hsaing, MFT, Chair Lillian Hanson, MFT Meiyang Kadaba, Psy.D. Luba Palter, LMFT

Community Mental Health Committee

Katherine Eng, Ph.D., Chair Suresh Chacko, Psy.D. Geetali Chitre, Psy.D. David Cushman, Psy.D.

Education Committee

Asya Grigorieva, Ph.D., Chair Clara Brandt, M.A. June Lin-Arlow Cameron Murphey, MFTi Jonathan Willett, M.A. Anna Zozulinsky, Ph.D.

Intensive Study Group Committee

Todd Rising, Psy.D., Chair Jenessa Radocchio, LCSW Brenda Bloomfield, LCSW Judy Curtis, Psy.D. Cecilia Froberg, LMFT Ben Goldstone, LMFT Johanna Murphy, Ph.D.

Pre-licensed Clinician Members Committee

Priscille Schwarcz-Besson, Ph.D., Chair Brittan Chow, B.A. Brian Kuennemeier, Psy.D. Ronna Milo Haglili, M.A. Chloe Russell, M.S., M.S.Ed. Kylie Svenson, MSW

Program Committee

Jeremy Mintz, Psy.D., Chair Danni Biondini, LMFT Geetali Chitre, Psy.D. Justine Leichtling, Psy.D.

GENERAL INFORMATION

REGISTRATION

For full course information, course objectives, late registration, and refund policies for each of the courses events listed within, please visit our website at **www.ncspp.org**.

Tuition & Registration Deadlines: All tuitions listed in this brochure are for early registration (\$40 discount, \$15 discount for NCSPP Student Members). Early registration ends two weeks prior to the event or start of a multi-week course; after this date the full tuition will be applied to all registrations. For details please see individual course event listings on our website.

Questions: For questions related to enrollment, locations, CE credit, special needs, course availability, and other administrative issues, contact Michele McGuinness at info@ncspp.org or 415 | 496-9949.

Membership: To join NCSPP, please visit the NCSPP website at www.ncspp.org.

Target Audience & Instructional Level: These courses are open to all licensed mental health professionals, residents, interns, and graduate students in training, as well as members of the lay public who have an interest in psychoanalytic psychology. For specific instructional level please see individual course event listing on our website at **www.ncspp.org.**

Class Size & Eligibility for Enrollment: For specific class size please see individual course | event listings on our website at www.ncspp.org. Class minimums will be 6 to 8 participants. Courses that do not fill will be cancelled and payment will be refunded. In filling courses, priority will be given to NCSPP members.

Locations & Readers: For classes where location is listed as TBA (to be announced), information on location will be updated online at **www.ncspp.org**. Enrollment confirmation with course location and reader information will be emailed to enrolled participants. **Tuition does not include the cost of readers.**

Cancellation: Enrollees who cancel at least SEVEN DAYS prior to the event or start of a multiweek course will receive a refund minus an administrative charge. No refunds will be allowed after this time. For details please see individual course event listings on our website.

Returned Checks: A \$25 bank charge and an additional \$15 administrative charge will be issued on all returned checks.

Continuing Education Credits: Please see individual course | event listings for number of CE credits awarded, if applicable. Courses offering CE credit meet the requirements for CE credit for LCSWs, MFTs, and Psychologists. Upon completion of a course evaluation form, a CE certificate will be issued. This serves as documentation of attendance for all participants.

LCSWs/MFTs: Courses meet the requirements for CE credit, as required by the CA Board of Behavorial Sciences, through CAMFT (Provider #57020).

Psychologists: Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for these programs and their content.

Scholarship Information: We have established the NCSPP Scholarship Fund to broaden community access to our events by subsidizing the greater part of our tuition costs for a limited number of attendees. For information regarding eligibility and availability, contact Michele McGuinness.

Disabilities: NCSPP, CAMFT, and Division 39 are committed to accessibility and non-discrimination in its continuing education activities. If participants have special needs, we will attempt to accommodate them. If you have concerns about handicapped accessibility, please contact Michele McGuinness.

Privacy and Confidentiality: All participants are asked to be aware of the need for privacy and confidentiality throughout all programs.

NCSPP, CAMFT and Division 39 are committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. Please address questions, concerns and any complaints to Michele McGuinness.

Participants will be informed of the utility/validity of the content/approach discussed (including the basis for the statements about validity/utility), as well as the limitations of the approach and most common (and severe) risks, if any, associated with the program's content.

Commercial Support: There is no commercial support for NCSPP programs nor are there any relationships between the CE Sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest.

The Northern California Society for Psychoanalytic Psychology (NCSPP) is the local Chapter of Division 39, American Psychological Association. NCSPP is committed to the study of psychoanalytic psychology and the encouragement of its interests in the professional and general communities. It is a multidisciplinary, nonprofit educational membership organization open to all mental health professionals.

THREE WAYS TO REGISTER: **ONLINE:** www.ncspp.org **FAX:** (415) 457-6276 MAIL: NCSPP, 12 Hampton Avenue, San Anselmo, CA 94960 I WOULD LIKE TO JOIN NCSPP AND REGISTER AT THE DISCOUNTED NCSPP MEMBER RATE: \$120 FULL MEMBER (All licensed mental health professionals) \$90 COMMUNITY MENTAL HEALTH MEMBER (All licensed mental health workers who conduct at least 50% of their professional duties at a CMH agency) \$60 ASSOCIATE MEMBER (Pre-licensed mental health professionals) \$30 STUDENT MEMBER — Must include copy of Student ID (Enrolled in an undergraduate or graduate school in a mental health discipline) PLEASE ENROLL ME IN THE FOLLOWING: COURSE | EVENT TITLE TUITION | FEE **Tax Deductible Scholarship Fund Contribution: Total Amount Enclosed:** NAME MAILING ADDRESS CITY STATE ZIP CODE EMAIL PHONE **PAYMENT METHOD:** Check (payable to NCSPP) Visa CARD# EXPIRATION DATE CARD SECURITY CODE BILLING 7IP CODE NAME AS IT APPEARS ON CARD SIGNATURE



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FOUNDATIONS: Klein (part two)
with Margo Chapin, MFT
Spring 2020

WHEN WORDS FAIL AND BODIES SPEAK:

Psychoanalytic Treatment of Eating Disorders
with Tom Wooldridge, Psy.D., ABPP, CEDS

Spring 2020

THE IMPACT OF INTRACULTURAL/INTRARACIAL SAMENESS AND DIFFERENCE ON TRANSFERENCE/COUNTERTRANSFERENCE

with Rossanna Echegoyen, LCSW
Spring 2020

FUNDAMENTAL CONCEPTS OF PSYCHOANALYTIC COUPLE THERAPY with Sheila Longerbeam, Psy.D.

Spring 2020

COMMUNITY MENTAL HEALTH MUSEUM MIXER

March | April 2020

